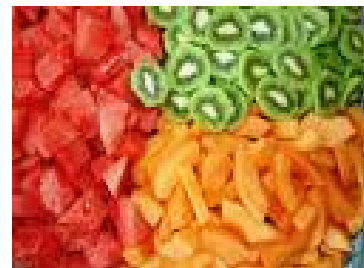


Jell-O Pizza!

Give yourself some wiggle room and have fun making this creative and healthy snack!



Ingredients:

- Jell-O mix
- 2 1/2 Cups boiling water
- 1 Cup cool whip
- 2 Cups cut up fresh fruit of your choice

Directions:

- Make the jell-o following the box directions, using the 2 1/2 Cups of boiling water.
 - Spray a pizza pan/cookie sheet with non-stick spray
 - Pour jell-o onto a pizza pan (make sure that it has sides so it doesn't spill) and place in the fridge to set (about 3 hours)
- Once jell-o is set, remove from fridge. Spread cool whip over the jell-o leaving about one inch around the edges and top with fruit
 - Cut into wedges and enjoy!



Fruit Crossword Puzzle!

F	C	C	Z	C	Q	F	U	Z	W
J	U	G	R	A	P	E	A	D	K
Q	T	O	R	A	N	G	E	C	R
W	W	M	Q	I	S	O	C	R	J
H	F	T	N	E	L	I	M	E	Y
Q	Z	V	B	L	E	M	O	N	J
A	P	P	L	E	C	L	R	F	N
I	Q	A	X	P	E	A	R	G	G
M	E	L	O	N	N	P	S	M	D
B	A	N	A	N	A	V	P	D	B

APPLE
BANANA
GRAPE
LEMON
LIME
MELON
ORANGE
PEAR

Fruits can be a lot of fun!

Mix and match fruits to see if you like them together or try a fruit you have never tried before to see if you like something new...

you might be surprised!

Fruits are full of vitamins and minerals that help keep us strong and healthy. They also taste great and are quick, easy snacks!

